

STARTERS

12" GARLIC AND HERB PIZZA - £7.95

FOCACCIA BREAD - £1.50
WITH BALSAMIC & OLIVE OIL

OLIVES - £2.95

CHARCUTERIE - £6.45

A SELECTION OF CURED MEATS INCLUDING:
CHORIZO, PARMA HAM & MILANO SALAMI WITH ARTICHOKE HEARTS, RED ONION MARMALADE & PICKLES.
SERVED WITH SALAD GARNISH.

ANTIPASTA - £6.45

ARTICHOKE HEARTS, PEPPER DEWS, SUN DRIED TOMATOES, AUBERGINE, HUMUS, GREEN BEANS, OLIVES,
SALAD GARNISH, BALSAMIC GLAZE. (v)

SOFT SHELL CRAB - £7.50

BATTERED & DEEP FRIED WHOLE CRAB, WITH SALAD GARNISH & SWEET CHILLI DIP.

SARDINES - £6.45

ROASTED IN THE OVEN WITH GARLIC, LEMON, FRESH HERBS & BUTTER. SERVED WITH SALAD GARNISH & BREAD
(gf without bread)

SEAFOOD TRIO - £7.95

FRESH CORNISH SMOKED SALMON, SMOKED MACKEREL PATE, SHELL ON PRAWNS.
WITH ROCKET, CUCUMBER, CAPERS & TOAST. (gf without bread)

MUSSELS - £7.95

MOULES STEAMED WITH GARLIC, RED ONION, WHITE WINE, BUTTER & PARSLEY. WITH BREAD.
(gf without bread)

SCALLOPS - £8.95

PAN SEARED IN THE WOOD FIRE OVEN WITH BUTTER, LEMON, PARSLEY & GARLIC. SALAD GARNISH & BREAD
(gf without bread)

SCALLOPS & BLACK SAUSAGE - £9.95

AS ABOVE WITH BLACK PUDDING, SMOKED BACON & ANCHOVY

GOATS CHEESE CROSTINI - £6.45

OVEN BAKED CORNISH GOATS CHEESE MIXED WITH SUN BLUSHED TOMATO, BASIL & ROASTED GARLIC. FINISHED
WITH BALSAMIC VINEGAR GLAZE, RED ONION MARMALADE & TOASTED PINE NUTS. (v)

1/2 PINT PRAWNS - £6.45

'SHELL ON' PRAWNS. SERVED WITH A POT OF GARLIC & HERB MAYO. (gf)

HOT GARLIC 'SHELL ON' PRAWNS - £6.45

ALLERGY ADVICE

*PLEASE FEEL FREE TO ASK/INFORM THE WAITING STAFF ABOUT ANY ALLERGIES AND WE WILL DO OUR
BEST TO ACCOMMODATE YOU.*

STONE BAKED PIZZAS

OUR SPECIALITY PIZZAS ARE ALL HAND ROLLED TO ORDER. USING FRESH DOUGH & INGREDIENTS AND BAKED IN OUR TRADITIONAL WOOD FIRE OVEN.

ALL 12" THIN BASE:-

GARLIC & HERB - £7.95

MARGHERITA - £9.95

TOMATO SAUCE, MOZZARELLA & FRESH BASIL

CHEESE & ONION - £9.95

ON A PLAIN BASE

VEGI - £12.95

ARTICHOKE, MUSHROOMS, SUN DRIED TOMATO, AUBERGINE, RED ONION & OLIVES.
GARNISHED WITH FRESH ROCKET (v)

GOATS' CHEESE - £12.95

SUN DRIED TOMATO, RED ONIONS & OLIVES. GARNISHED WITH FRESH ROCKET (v)

PARWAIAN - £12.95

SMOKED BACON, CHICKEN & PINEAPPLE

SMOKEY - £12.95

CHICKEN, SMOKED BACON, RED ONION, PEPPADEWS & BBQ SAUCE

SEAFOOD - £13.95

SMOKED SALMON, SQUID, OCTOPUS, MUSSELS, ANCHOVIES, RED ONION, CAPERS & FRESH ROSEMARY

HOT MEAT - £13.95

CHORIZO, MILANO SALAMI, PARMA HAM, JALAPEÑOS, RED ONION & PEPPADEWS

4 CHEESE - £12.95

YARG, CORNISH BLUE, CHEDDAR, MOZZARELLA

SAMS BURGER CALZONE - £14.95

A CLASSIC ¼ POUND SAMS FOWEY BURGER, WITH FRIED ONION & BACON.
WRAPPED AND COOKED INSIDE A MARGHERITA PIZZA. SERVED WITH FRIES, MAYO & SALAD GARNISH.

12" GLUTEN FREE PIZZAS

ALL OF THE ABOVE PIZZAS ARE NOW ALSO AVAILABLE ON A 12" GLUTEN FREE BASE.
(PLEASE NOTE THESE ARE PREPARED IN THE SAME AREA AS REGULAR PIZZAS AND COME INTO CONTACT WITH INGREDIENTS CONTAINING GLUTEN)

MOULES

FRESH LOCAL WESTCOUNTRY MUSSELS SERVED WITH FOCACCIA BREAD.

MARINIERE - £11.95

GARLIC, RED ONION, WHITE WINE, BUTTER & PARSLEY.

CREAMY THAI - £13.95

CHEF'S CREAMY RED THAI SAUCE.

CLASSIC MIXED - £14.95

MUSSELS, CLAMS, SHELL ON PRAWNS & TIGER PRAWNS IN A CLASSIC MARINIERE SAUCE.

MEDITERRANEAN MIXED BASQUE - £15.95

CHORIZO, MUSSELS, CLAMS, SHELL ON PRAWNS & TIGER PRAWNS. COOKED IN A RICH RED PEPPER/TOMATO SAUCE WITH OLIVES, WINE, GARLIC, RED ONIONS & FRESH HERBS.

SEAFOOD

PLEASE SEE OUR SPECIALS BOARD FOR OUR DAILY FISH DISHES.

SEAFOOD SHARER FOR 2 - £39.95

SCALLOPS, SARDINES, TIGER PRAWNS, 'SHELL ON' PRAWNS (CHILLED) & SALAD. WITH A BOWL OF MUSSELS MARINIERE & BREAD.

SARDINES - MAIN - £11.95

SEARED & ROASTED IN THE OVEN WITH FRESH HERBS, ROASTED GARLIC & LEMON BUTTER. SERVED WITH SALAD GARNISH AND FOCACCIA BREAD.

SARDINES PROVENÇAL - £12.95

AS ABOVE COOKED WITH RED PEPPER & TOMATO SAUCE, WINE, GARLIC, RED ONION, OLIVES, & FRESH HERBS.

SCALLOPS - £17.95

PAN SEARED IN THE WOOD FIRE OVEN WITH BUTTER, LEMON, PARSLEY & GARLIC. SALAD GARNISH & BREAD (gf without bread)

SCALLOPS & BLACK SAUSAGE - £19.95

AS ABOVE WITH BLACK PUDDING, SMOKED BACON & ANCHOVY

SEAFOOD SPAGHETTI MARINARA - £14.95

MUSSELS, CLAMS, TIGER PRAWNS, COOKED IN THE CHEF'S RED PEPPER/MED VEG TOMATO SAUCE, CHORIZO, GARLIC BUTTER, WINE, THAI FISH SAUCE & SWEET CHILLI SAUCE.

SURF 'n' TURF - £24.95

10oz RIBEYE STEAK, TIGER PRAWNS, 'SHELL ON' PRAWNS (CHILLED) & FRIES

MEAT

SLOW ROAST BELLY PORK - £13.95

SLOW ROASTED BELLY PORK, BLACK PUDDING & OUR CRISPY CRACKLING.
WITH CRUSHED CREAMY MUSTARD NEW POTATOS, CABBAGE, LEEKS & BACON.
FINISHED WITH GRAVY & APPLE CHUTNEY.

RIB-EYE STEAK - £18.95

10oz RIB EYE MARINATED IN OIL, GARLIC AND HERBS, SEARED IN THE WOOD FIRE OVEN. SERVED WITH BEEF TOMATO, FLAT FIELD MUSHROOM, FRIES & SALAD GARNISH. (gf)

CHICKEN BASQUE - £13.95

CHICKEN BREAST, CHORIZO, RED ONIONS, BASIL & NEW POTATOES. COOKED IN THE CHEF'S MEDITERRANEAN VEG, RED PEPPER & TOMATO SAUCE. (gf)

MEATBALLS - £11.95

OUR MEATBALLS ARE MADE FRESH USING QUALITY BEEF & PORK MINCE. SERVED WITH SPAGHETTI, TOMATO & BBQ SAUCE, RED ONION & BASIL. TOPPED WITH PARMESAN CHEESE.

SALADS & VEGI

HALLOUMI & VEG PROVENCAL- £12.95

PAN SEARED HALLOUMI, SERVED IN A TOMATO, SWEET CHILLI AND GARLIC BUTTER SAUCE, WITH NEW POTATO, MEDITERRANEAN VEG, PINENUTS AND FRESH BASIL. (V) (GF)

THE BEACH SALAD - £9.95

A MIXED LEAF SALAD, GREEN BEANS, OIL MARINATED ARTICHOKE HEARTS, OLIVES, AUBERGINE, SUN DRIED TOMATO, PEPPADEWS, RED ONION, CUCUMBER, CHERRY TOMATO, HERBS & PINE NUTS WITH HOUSE DRESSING. (gf)

BEACH SALAD ALSO AVAILABLE WITH THE FOLLOWING:-

GOATS CHEESE CROSTINI (V) - £13.95

WARM CORNISH GOATS CHEESE MIXED WITH SUN BLUSHED TOMATO, BASIL & ROASTED GARLIC. FINISHED WITH BAL-SAMIC VINEGAR GLAZE, RED ONION MARMALADE & TOASTED PINE NUTS. (v)

DRESSED CORNISH CRAB SALAD

FRESH CORNISH WHITE & BROWN CRAB MEAT DRESSED IN THE SHELL,
SHELL ON PRAWNS, SAMS BEACH SALAD, MAYO & BREAD - £17.95
(WHEN AVAILABLE)

CHICKEN - £14.95

CHICKEN BREAST, SLICED & TOPPED WITH PARMESAN CHEESE AND PARMA HAM. (gf)

DESSERTS

CAPPUCCINO COFFEE CHOCOLATE POT - £5.50

RICH DARK CREAMY CHOCOLATE & ESPRESSO, TOPPED WITH WHIPPED CREAM (gf)

LEMON MERINGUE ROULADE - £5.50

WITH CLOTTED CREAM & RASPBERRY COULIS (gf)

WARM CHOCOLATE CORNISH BROWNIE - £5.95

SWEET, GOOEY, STICKY!
SERVED WITH CLOTTED CREAM

PROFITEROLES - £5.50

TOPPED WITH CHOCOLATE SAUCE.

DESSERT PIZZA - £6.50

SMALL FRESH PIZZA BASE COOKED IN OUR WOOD FIRE OVEN.
TOPPED WITH DOUBLE CREAM, SYRUP, STRAWBERRIES, TOASTED MARSHMALLOWS, DARK CHOCO DROPS,
ICECREAM & SAMS WAFER.

DAIRY FREE - MARSHMALLOWS, RASPBERRY COULI & STRAWBERRIES - £4.95

BEACH BOCCA - £4.95

ICE CREAM, RASPBERRY COULIS, CHOC SAUCE, MARSHMALLOWS, FLAKED CHOCOLATE & A SAM'S WAFER.

VANILLA ICECREAM & FLAKE - £3.50

TOASTED WAFFLE - £6.50

CHOCOLATE SAUCE, RASPBERRY COULIS, FLAKED CHOCOLATE, MARSHMALLOWS AND ICE CREAM.

CHEESE BOARD - £9.95

CORNISH BLUE, SMOKEY, CHEDDAR, YARG WITH APPLE CHUTNEY & CRACKERS.

BEACH DESSERT SHARER - £9.95

CAN'T MAKE UP YOUR MIND? TRY OUR DESSERT MINI PLATTER, IDEAL FOR 2.
MINI CHOCOLATE BROWNIE, CHOC POT & WAFFLE TOPPED WITH MINI BEACH BOCCA.

KIDS MENU

CHEESE & TOMATO PIZZA - £5.50
CHEESE & ONION PIZZA - £5.50
BACON & PINEAPPLE PIZZA - £5.95
MILANO SALAMI PIZZA - £5.95

MUSSELS & FRIES (GF) - £7.95
MOULES STEAMED WITH GARLIC, RED ONION, WHITE WINE,
BUTTER & PARSLEY.

MEATBALLS & SPAG - £5.95
OUR MEATBALLS ARE MADE FRESH USING QUALITY BEEF &
PORK MINCE. SERVED WITH SPAGHETTI, TOMATO SAUCE.

SPAGHETTI & TOMATO SAUCE - £3.95

BATTERED CHICKEN STRIPS & FRIES - £5.95

DESSERTS

ICE CREAM & WAFER - £1.95
KIDS BEACH BOCCA - £3.45

EXTRAS

FOCACCIA BREAD - £1.50
WITH BALSAMIC & OLIVE OIL
OLIVES - £2.95
FRIES - £2.50
SIDE SALAD - £3.95
MIXED LEAF LETTUCE, CUCUMBER, TOMATO,
ROCKET
GREEN SALAD - £3.95

ALLERGY ADVICE

PLEASE FEEL FREE TO ASK/INFORM THE WAITING STAFF ABOUT ANY ALLERGIES AND WE WILL TRY OUR BEST TO ACCOMMODATE YOU.

WE HOPE YOU ENJOYED YOUR MEAL! HAVE YOU VISITED OUR OTHER RESTAURANTS?

SAMS FOWEY - SAMS IN THE CITY, TRURO - SAMS ON THE BAY, CARLYON BAY.
COMING SOON - SAMS DINER, PAR MOOR.



INSTAGRAM - TWITTER - FACEBOOK @SAMSCORNWALL
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SERVICE NOT INCLUDED